

Kajian Ilmu Keolahragaan dan Kesehatan

Jurnal Porkes. Porkes. Peningkatan vo2max atlet sprint 400 meter dengan metode latihan sirkuit 6 minggu. Peningkatan vo2max atlet sprint 400 meter dengan metode latihan sirkuit 6 minggu.

This study aims to determine the increase in Vo2Max of seprint athletes with the sirciut training method for 6 weeks. The type of research is pre-experiment with the design of the one group pretest-posttest design. The population was 20 people and the sample used was 10 people consisting of 6 men and 4 puris, which were determined purvosip. Each sample received circuit training 18 times, with a frequency of 3 times a week. The instrument used to measure V02Max athletes before and after training using the multistage fitness test. Data analysis using anova system. The results of the analysis showed a significant difference where ($p < 0.05$) the average value before treatment was 37.1 ± 5.2 (ml / kg / min) and the average value after treatment averaged 39.4 ± 4.7 (ml / kg / min). The conclusion of this study is that there is a difference that occurs between before and after being treated with circuit training for 6 weeks, and a coach must carefully choose training methods to avoid boredom in athletes, the exercises given are in accordance with muscle contractions in the sport and improve cardiovascular.

. Jurnal Porkes. Porkes. Metode latihan sirkuit dan interval dapat meningkatkan kondisi fisik pemain futsal. Metode latihan sirkuit dan interval dapat meningkatkan kondisi fisik pemain futsal.

The problem with this research is that there is no research that examines air alert training programs using circuit and interval methods to improve overall physical condition. Several studies have only looked at the effect of one component of the physical condition. The goal to be achieved in this research is to improve the physical condition components through Air alert training. The research method used is an experimental method because it seeks a causal relationship between two variables, namely Air alert training with the interval and circuit methods to increase the components of the overall physical condition. The sample in this study were 24

students who took part in the extracurricular sport of futsal at SMAN 1 Montong Gading. Results of data analysis For the circuit training group the value (sig.) $< ?$ (0.05) that is ($0.000 < 0.05$), then H_0 is rejected, H_1 is accepted. So, there is an increase in the physical condition of students who take part in the futsal extracurricular activity at SMAN 1 Montong Gading with the circuit training method. H_1 is accepted. So, there is an improvement in the physical condition of students who take part in the futsal extracurricular at SMAN 1 Montong Gading with the interval training method.

. Jurnal Porkes. Porkes. Pengaruh Modifikasi Alat Peraga Montessori Terhadap Kemampuan Motorik Kasar.

The Montessori method, which is a learning method that depends on each student, has the advantage of growing critical thinking, collaborating, and acting more assertively. Children with good cognition are characterized by problem-solving skills by prioritizing prosocial in every interaction, and vice versa. The lack of research in the field of sports related to motor and montessori movements, especially in West Nusa Tenggara and the results of observations at the MI Al Ijtihad school still use a monotonous learning pattern so that students tend to be passive, not independent and not confident so that it affects motor skills, in this study what is meant is rough motoric. The population in this study were students of MI Al-Ijtihad, totaling 20 students. In this study, researchers used purposive sampling with certain criteria. In this study, the researchers used instruments, namely the Zig-zag Running test and the Throwing the ball at the target. The type of research used is a quantitative experiment with a pre-test post-test group design. The data analysis technique used is the t-test through the t-test formula. From the results of statistical data analysis of the effect of modification of props on gross motor skills, the tcount X (throwing the ball at the target) of 5.446 simultaneously between Y and X1 draws conclusions from the table analysis at a significant level of 5% with the number of samples ($n - 1$), namely 19 is 2,869. So it can be concluded that "There is an effect of modification of Montessori teaching aids on gross motor skills seen from $t_{count} > t_{table}$ ($5.446 > 2.869$).

. Jurnal Porkes. Porkes. Peran guru PJOK dalam pembentukan karakter siswa. Peran guru PJOK dalam pembentukan karakter siswa.

The phenomenon of cases of irregularities that have occurred recently has been carried out by a student or teacher, especially at school. Character education in schools is a good solution. This study aims to examine how the role of PJOK teachers plays in the formation of student character. The subjects of this study consisted of 12 PJOK teachers, 8 school principals, and 100 students who were taken using the simple random sampling technique and had been calculated using the slovin formula from a total of 4537 students. Data collection in this study used the source triangulation method with a closed questionnaire containing positive and negative question items. Data analysis used quantitative descriptive analysis in which the data processing was percentaged. The results of the data analysis show that the role of PJOK teachers is mostly in the medium category with a percentage of 57%, 27% in the low category, and 16% in the high category. These results were obtained from the role of PJOK teachers as inspiration, role models, motivators, dynamists, evaluators, leaders, facilitators, and supervisors. In conclusion, the role of PJOK teachers in building student character is still not maximal in shaping the character of their students by instilling character education values in them.

. Idealisme Pendidikan Jasmani, Ilmu Keolahragaan dan Kesehatan Masyarakat.
Kesehatan memiliki berbagai pengaruh kehidupan yang terkait dengan kebugaran, kestabilan emosi, dan kemampuan dalam menjalani hubungan sosial orang lain, serta kepuasan dalam menikmati kehidupan. Setiap manusia pasti menginginkan dirinya bahkan orang terdekat selalu dalam keadaan sehat dalam kondisi fisik maupun mental. Olahraga merupakan salah satu aktifitas fisik guna mendapatkan kesenangan dan kesehatan jasmani maupun rohani. Dalam melakukan aktivitas olahraga setiap orang memiliki tujuan yang berbeda-beda antara lain sebagai rekreasi maupun prestasi selain itu aktivitas olahraga bertujuan untuk menjaga tubuh supaya tetap prima, fit, membentuk jiwa yang sportif, kepribadian dan watak yang baik, pada akhirnya membentuk pribadi manusia yang berkualitas. Olahraga di era modern ini bukan hanya menjadi pelengkap kehidupan namun telah menjadi kebutuhan untuk menjalani kehidupan yang lebih baik, lebih bugar dan lebih sehat. Di semua kalangan baik itu tua maupun muda telah menjadikan olahraga sebagai sarana atau modal untuk beraktifitas yang sehat dan terjaga, olahraga juga sudah menjadi life style untuk mencapai kehidupan yang normal. Untuk menjaga pola hidup sehat dibutuhkan aktifitas jasmani dan olahraga yang sistematis dan seimbang

. Wawasan Teknologi dalam Pendidikan Jasmani, Ilmu Keolahragaan dan Kesehatan.

Kehadiran buku ini dapat memberi pandangan mengenai pemanfaatan teknologi dalam dunia olahraga dan kesehatan, sehingga pendidikan jasmani, ilmu keolahragaan dan Kesehatan dapat berlangsung dengan baik dan optimal dengan peran teknologi yang dapat digunakan. Selain itu, dalam buku ini juga memberikan gambaran tentang problematika dan dinamika olahraga dan kesehatan pada era teknologi. Buku ini terdiri dari tiga bab dengan yang pertama membahas Teknologi dalam pembelajaran penjas sehingga pembelajaran penjas dapat berjalan dengan mudah dengan adanya dukungan teknologi. Kedua, peran teknologi dalam cabang olahraga. Dengan memuat materi tersebut hal ini sangat diperlukan dalam cabang olahraga untuk menunjang kinerja dari manusia dalam mengawasi pelaksanaan olahraga. Ketiga, Problematika dan dinamika olahraga dan Kesehatan pada era teknologi. Dalam pembahasan buku ini memberikan gambaran problematika dan dinamika dari dunia olahraga dan kesehatan pada era teknologi, serta pemecahan masalah pada era teknologi di dunia olahraga dan kesehatan

. Jurnal Porkes. Porkes. Tingkat pengetahuan wasit bolavoli tentang filosofi dan perannya dalam suatu pertandingan. Tingkat pengetahuan wasit bolavoli tentang filosofi dan perannya dalam suatu pertandingan.

This research is motivated by the problem that there are still referees who do not know about the philosophy and their role as volleyball referees, besides that volleyball referees should continue to develop themselves in terms of their knowledge and duties as referees by continuing to practice in leading matches or taking refereeing courses or upgrading. This study aims to determine the volleyball referee's knowledge of the philosophy and role of the referee in a match. This research method uses descriptive quantitative research with survey techniques. The instrument used in this study is the google form. The subjects of this study were 17 volleyball referees with licenses varying from regional to national. The results showed that the level of knowledge of the referee in the low category was 1 person, amounting to 5.88%, the medium category was 4 people, amounting to 23.52%, the high category was 11 people, amounting to 64.70%, the very high category was 1 person, amounting to 5.88%. The conclusion is that a volleyball referee should know the philosophy of being a referee, namely as a judge, and also his role in a match is

a leader.

. Jurnal Ilmu Keolahragaan. Jurnal Ilmu Keolahragaan. Penerapan protokol kesehatan pada kompetisi sepak bola BRI Liga 1 dan Liga 2 Indonesia.

Pada awal tahun 2020 terjadi pandemi Coronavirus 2019 (COVID-19). Pandemi ini mengubah keseharian manusia termasuk olahraga. Penyakit COVID-19 sangat menular melalui droplet atau kontak dengan benda yang terkena droplet pasien yang terinfeksi. Cara mencegah penularan paling baik adalah dengan menjaga jarak dan tidak berkerumun. Hal ini menyebabkan olahraga yang bersifat kontak dan mengumpulkan orang banyak dihentikan atau ditunda pelaksanaannya termasuk kompetisi sepak bola. Berhentinya kompetisi sangat mempengaruhi banyak sector, tidak hanya tim, atlet, seluruh pihak lain yang terlibat menjadi kehilangan mata pencaharian. Dilema antara berhentinya kompetisi untuk mencegah penyakit dan melakukan kompetisi di tengah pandemi menjadi dasar tujuan penulisan artikel ini yaitu adanya protokol kesehatan untuk kompetisi sepak bola di Indonesia. Artikel ini merupakan telaah literatur dengan jurnal, buku, panduan, dan artikel dari dalam dan luar negeri yang didapatkan selama tahun 2020-2021. Kompetisi sepak bola dapat dilakukan menggunakan protokol kesehatan yang ketat untuk mencegah kasus pada saat kompetisi berlangsung. Protokol kesehatan pada kompetisi sepak bola dapat dijadikan rekomendasi untuk kompetisi olahraga yang lain.

. Jurnal Sains Keolahragaan dan Kesehatan. JSKK. Analisis Bibliometrik Bidang Kajian Kebugaran Jasmani Pada Skripsi Mahasiswa Program Studi Ilmu Keolahragaan Universitas Negeri Jakarta Tahun 2011-2022.

Penelitian ini bertujuan untuk memetakan, menganalisis perkembangan dan menemukan ide penelitian di masa yang akan datang terkait dengan studi kebugaran jasmani pada mahasiswa program sarjana Ilmu Keolahragaan di Universitas Negeri Jakarta. Teknik pengambilan sampel yang digunakan adalah total sampling sebanyak 513 judul skripsi tahun publikasi 2011-2022 yang dipilih dari 517 judul yang diperoleh dari laman repository Universitas Negeri Jakarta dengan periode pengumpulan data dari Agustus hingga September 2022. Sampel dikumpulkan dengan menggunakan format Comma Separated Value (CSV), dan penelitian dilakukan dengan metode analisis bibliometrik menggunakan aplikasi VOSviewer. Dari 513 judul diperoleh 57 kata kunci dengan kriteria kemunculan minimal 5 kali dan menghasilkan 8 cluster pemetaan. Hasil pemetaan menunjukkan bahwa kebugaran

jasmani merupakan topik penelitian yang cukup sering digunakan dalam penelitian skripsi program studi ilmu keolahragaan yang ditunjukkan dengan kemunculan sebanyak yaitu 43 kali. Hasil analisis merekomendasikan ide untuk penelitian di masa mendatang seperti studi VO2Max, indeks massa tubuh, status gizi, dan aktivitas fisik ataupun pengembangan bidang yang terkait dengan olahraga di Fakultas Ilmu Keolahragaan Universitas Negeri Jakarta.

. OLAHRAGA UNTUK INDONESIA (Kajian Persepsi Ilmu Keolahragaan).

Buku ini berjudul OLAHRAGA UNTUK INDONESIA (persepsi ilmu keolahragaan) membahas tentang peran olahraga dan konfigurasi hukum olahraga, meneropong prestasi olahraga nasional, peran KONI terhadap peningkatan prestasi olahraga, fenomena sosial dan penggunaan doping dalam olahraga prestasi, dimensi spiritual dalam olahraga, politik dan olahraga, pendekatan riset keolahragaan.

. Jurnal Porkes. Porkes. Manajemen Pengadaan Sarana Dan Prasarana Olahraga Dinas Kepemudaan dan Olahraga. Manajemen Pengadaan Sarana Dan Prasarana Olahraga Dinas Kepemudaan dan Olahraga.

Sports activities require sports facilities and infrastructure in general. This research aims to find out how the management of the procurement of sports facilities and infrastructure of the Berau Regency Youth and Sports Service is based on the management function of Planning, Organizing, Actuating, and Controlling (POAC). The results of the study indicate that the implementation of management functions (1) Planning management in the procurement of sports facilities and infrastructure needs in Berau Regency is carried out with proposals from the community and proposals from sports; (2) Organizing management is the responsibility of the field of sports facilities and infrastructure and establishes cooperation with stakeholders; (3) Implementation management is carried out if the proposal from the plan has been finalized and the budget has been determined; (4) Supervision management is carried out by monitoring at each stage; (5) The response of the Berau community who felt the impact of the procurement of sports facilities and infrastructure in Berau Regency received good results.

. Jurnal Ilmu Keolahragaan Undiksha. JIKU. Ketersediaan Sarana dan Prasarana Pendidikan Jasmani, Olahraga dan Kesehatan.

Penelitian ini dilakukan atas dasar permasalahan yang ditemui di lapangan yaitu mengenai sarana dan prasarana pembelajaran di sekolah yang masih kurang. Penelitian ini bertujuan untuk mengetahui ketersediaan sarana dan prasarana Pendidikan Jasmani, Olahraga dan Kesehatan (PJOK) pada SMA/SMK Negeri se-Kecamatan Pekutatan Kabupaten Jembrana. Penelitian ini merupakan penelitian deskriptif menggunakan metode survei. Yang menjadi subjek penelitian adalah SMA Negeri 1 Pekutatan dan SMK Negeri 5 Negara. Analisis data menggunakan teknik deskriptif analisis atau menggambarkan secara detail hasil penelitian yang diperoleh. Berdasarkan data yang diperoleh, dapat dipaparkan bahwa ketersediaan sarana dan prasarana PJOK di SMA Negeri 1 Pekutatan mendapat skor total sebesar 130, Sementara itu untuk ketersediaan sarana dan prasarana PJOK di SMK Negeri 5 Negara mendapatkan total skor sebesar 90. Dengan hasil tersebut maka ketersediaan sarana dan prasarana PJOK pada SMA/SMK Negeri se-Kecamatan Pekutatan Kabupaten Jembrana masuk ke dalam kategori Cukup "C". Disarankan bagi guru PJOK, sekolah dan pemerintah untuk selalu memperhatikan dan juga melengkapi sarana dan prasarana secara berkelanjutan agar proses pembelajaran dapat berjalan dengan optimal.

. Sains Olahraga : Jurnal Ilmiah Ilmu Keolahragaan. SO. PERBEDAAN TINGKAT KEBUGARAN JASMANI MAHASISWA FAKULTAS ILMU KEOLAHRAGAAN UNIVERSITAS NEGERI MEDAN DENGAN SEKOLAH TINGGI OLAHRAGA DAN KESEHATAN BINAGUNA ANGKATAN 2015.

Penelitian ini bertujuan untuk mengetahui perbedaan tingkat kebugaran jasmani mahasiswa Fakultas Ilmu Keolahragaan Universitas Negeri Medan dengan Sekolah Tinggi Olahraga Dan Kesehatan Bina Guna Angkatan Tahun 2015. Penelitian ini dilaksanakan di Fakultas Ilmu Keolahragaan Universitas Negeri Medan Jln. William Iskandar Psr. V- Medan dan Sekolah Tinggi Olahraga dan Kesehatan Bina Guna Jln. Alumnium Raya No.77 Tj. Mulia-Medan 20241. Populasi dalam penelitian ini adalah seluruh mahasiswa Fakultas Ilmu Keolahragaan Universitas Negeri Medan dan Sekolah Tinggi Olahraga dan Kesehatan Binaguna yang berjumlah 537 orang. Sampel dalam penelitian ini adalah 50 orang yang masing-masing 25 orang dari Stok dan 25 dari Unimed, Teknik pengambilan sampel dengan menggunakan total sampling dan disaring dengan kriteria yang telah ditentukan oleh peneliti. Teknik analisis data yang digunakan adalah dengan mencari uji normalitas, uji

homogenitas, mean, simpangan baku, dan uji hipotesis. Berdasarkan analisis data diperoleh rata-rata t-skor untuk tes kebugaran jasmani mahasiswa Unimed 249.51 dan rata-rata t-skor untuk perolehan data mahasiswa Stok sebesar 246.48. Dengan uji normalitas data perolehan mahasiswa Unimed L_{hitung} sebesar 0.1409 dan untuk perolehan data Stok adalah L_{hitung} 0.1121 dengan perbandingan L_{tabel} sebesar 0.173, maka data tersebut berdistribusi normal. Uji homogenitas sebesar $F_{hitung} > F_{tabel}$ yaitu $1.317 > 1.980$. Hasil uji t diperoleh t_{hitung} 3.29 dan t_{tabel} 1,676, sehingga hipotesis yang berbunyi terdapat perbedaan tingkat kebugaran jasmani antara mahasiswa Fakultas Ilmu Keolahragaan dan mahasiswa Sekolah Tinggi Olaharga dan Kesehatan Binaguna Angkatan 2015 dapat diterima. Kata kunci: Kebugaran Jasmani

. Jurnal Porkes. Porkes. Prosedur pengembangan media audio visual untuk pembelajaran pencak silat dasar. Prosedur pengembangan media audio visual untuk pembelajaran pencak silat dasar.

The results of a survey in the field at the Penjaskesrek Study Program and the Penkepor Study Program of FKIP UNS Surakarta and the Penkepor Study Program of FKIP Tunas Pembangunan University (UTP) Surakarta, showed that lecturers of pencak silat theory and practice (TP) courses still lack learning media. The goal is to produce audio-visual media for basic pencak silat learning in sports colleges. This research is a development research or called the term R & D (Research and Development), which aims to develop audio-visual learning media on basic martial arts learning in sports colleges. Needs analysis research is used to produce learning media products that are in accordance with the needs. The results showed that with the application, students became more interested in learning martial arts and their attitude towards multimedia systems was very open and accepting. In addition, it was also found that students' mastery of martial arts material became better so that it can be concluded that this application is very useful in helping students have good knowledge, skills, and attitudes towards martial arts.

. Jurnal Porkes. Porkes. Hubungan antara hasil tes kebugaran jasmani dengan hasil belajar semester gasal. Hubungan antara hasil tes kebugaran jasmani dengan hasil belajar semester gasal.

Due to the Covid-19 pandemic, online practical learning is considered inadequate, posing a number of challenges in the learning process. This review aims to

determine the information and relationship between actual health status and odd semester learning outcomes among students of the class of 2021 in the Actual Education, welfare and diversion branch. With a population/sample of 84 randomly selected students, observation was used to collect data. The test instrument used TKJI test instruments and non-tests, for special documentation. The single correlation test is an inferential statistic used in the data analysis method. The results obtained are the R^2 value of 0.443 in the men's group and 0.447 in the women's group, so there is a relationship between actual health and odd semester learning outcomes in students of batches A and C of 2021 Actual School of Welfare and Entertainment, State College of Malang. it is concluded that there is a significant correlation between the level of physical fitness and learning achievement, especially in the male student group by contributing to the learning outcomes which are quite large and for the female group contributing to learning outcomes.

. Lentera Pustaka: Jurnal Kajian Ilmu Perpustakaan, Informasi dan Kearsipan.

Lentera Pustaka: Jurnal Kajian Ilmu Perpustakaan, Informasi dan Kearsipan. Dokter Pustaka: Layanan Informasi Online Bidang Kesehatan Alumni Fakultas Kedokteran, Kesehatan Masyarakat dan Keperawatan Universitas Gadjah Mada Yogyakarta.

Dokter Pustaka merupakan brand dan media literasi digital untuk para alumni FKMK (Fakultas Kedokteran, Kesehatan Masyarakat dan Keperawatan) UGM yang telah bekerja sebagai dokter, perawat, dan residen. Melalui layanan Dokter Pustaka, alumni dapat berdiskusi, berkonsultasi, dan meminta referensi bidang kesehatan secara online kepada pustakawan tanpa dibatasi ruang dan waktu. Makalah ini bertujuan untuk mendeskripsikan profil pengguna layanan; pemahaman alumni terhadap literasi kesehatan; dan pemanfaatan layanan Dokter Pustaka Perpustakaan FKMK UGM. Data kajian ini bersifat deskriptif dengan pendekatan studi kasus Sumber data kajian yaitu studi literatur, diskusi WhatsApp-Group, dan kuesioner. Responden kajian sejumlah 84 orang alumni FKMK UGM yang telah bekerja sebagai dokter, perawat, dan residen di berbagai wilayah di Indonesia. Hasil kajian menunjukkan bahwa sebagai besar responden bekerja sebagai dokter spesialis (76 orang) di rumah sakit di seluruh Indonesia. Mereka berpendapat bahwa literasi kesehatan merupakan pengetahuan dan kompetensi seseorang terhadap bidang kesehatan yang berguna untuk pengambilan bahan keputusan medis dan klinis sesuai dengan prosedur, standar pelayanan medis dan evidence based

medicine (EBM) melalui penyediaan literatur/referensi mutakhir di perpustakaan atau database online. Melalui layanan Dokter Pustaka, alumni memperoleh literatur ilmiah dan informasi mutakhir bidang kesehatan dengan mudah, cepat, gratis tanpa harus datang ke perpustakaan.

. JURNAL ILMU KEOLAHRAGAAN. SPORT SAINS. MENINGKATKAN KESEHATAN ANAK DAN SADAR LINGKUNGAN MELALUI KEGIATAN KEPRAMUKAAN.

Lingkungan alam menyediakan berbagai fasilitas yang dapat diberdayakan dan dimanfaatkan oleh manusia, antara lain sebagai sarana rekreasi dan bermain. Permainan dalam kegiatan kepramukaan yang diprogram dan disusun sesuai dengan peruntukannya, merupakan salah satu alternative yang dapat digunakan untuk menumbuhkan perilaku sadar lingkungan dan dapat meningkatkan kebugaran jasmani dan kesehatan anak. Permainan yang memberdayakan lingkungan alam sebagai saran bermain, diharapkan dapat menggugah kecintaan anak pada alam semesta, menumbuhkan kesadaran untuk menjaga lingkungan, dan memiliki pemahaman bahwa lingkungan merupakan tempat mereka tinggal yang harus dilestarikan keberlanjutannya. Selain itu aktivitas gerak fisik yang dilakukan secara benar, akan meningkatkan kebugaran jasmani anak sehingga akan membangun kesehatan anak yang akan bermanfaat untuk menghindarkan anak dari rentan kesakitan dimasa mendatang.

. Lentera Pustaka: Jurnal Kajian Ilmu Perpustakaan, Informasi dan Kearsipan.

Lentera Pustaka: Jurnal Kajian Ilmu Perpustakaan, Informasi dan Kearsipan.

Kerjasama HeLLIS Indonesia dan Indonesia Onesearch dalam Menyediakan Sumber informasi Kesehatan dan Kedokteran : Sebuah Kajian Literatur.

Perpustakaan harus mampu untuk mengikuti perubahan dan perkembangan sehingga dapat memenuhi kebutuhan pengguna. Mengatasi persoalan ini, perpustakaan dapat melakukan kerjasama. Kerjasama memberikan akses ke sumber daya lebih luas, meningkatkan jasa dan berbagi sumber daya. Penelitian ini bertujuan menganalisis kerjasama HeLLIS Indonesia dan Indonesia Onesearch untuk memudahkan pencarian sumber informasi kesehatan dan kedokteran. Pendekatan kualitatif dengan mengkaji literatur secara mendalam digunakan untuk membahas penerapan kerjasama yang dilakukan HeLLIS Indonesia dan Indonesia Onesearch. Temuan menunjukkan kerjasama HeLLIS Indonesia telah dilaksanakan

sejak tahun 1971 melalui JIDIKK selanjutnya berkembang ke HeLLIS Indonesia. Pengembangan kerjasama dapat dilakukan dengan mengembangkan kebijakan informasi, mengembangkan sumber informasi dan layanan pengguna. Kerjasama HeLLIS Indonesia dan Indonesia Onesearch melahirkan HeLLIS Onesearch sebagai portal satu pintu dan menyediakan deskripsi bibliografis sumber informasi kesehatan dan kedokteran Indonesia. Identifikasi sumber informasi HeLLIS Onesearch menghasilkan deskripsi bibliografis yang terhubung ke anggota HeLLIS Indonesia. Pengelompokan sumber yang tersedia di HeLLIS Onesearch meliputi afiliasi, institusi, koleksi, format, pengarang, bahasa, tahun, penerbit, dan topik sumber informasi. Penyebaran sumber informasi HeLLIS Onesearch difasilitasi oleh fitur-fitur HeLLIS Onesearch.

. Vitamin : Jurnal ilmu Kesehatan Umum. Vitamin. Implementasi Kebijakan Kawasan Tanpa Rokok (KTR) di Fakultas Ilmu Keolahragaan dan Kesehatan Universitas Negeri Makassar.

The implementation of the No Smoking Area is important in the campus environment because the campus is one of the places that should implement the No Smoking Area. In addition, the campus is a place of learning, where people in it are not only people who smoke, but there are also many passive smokers. Student smoking behavior that is carried out every day inside and outside the lecture hall causes the prevalence of cigarette smoke in the campus environment. With several reasons, there are many male students who smoke. This study aims to determine the implementation of the KTR policy by academics within the scope of the Faculty of Sport and Health Sciences, Makassar State University. This research uses a qualitative study design with data collection methods in this study, namely interviews and participatory observation. The results of this study, namely the implementation of academics regarding communication, resources, bureaucratic structure, and disposition towards KTR policies in the FIKK UNM environment become an obstacle to the enforcement of policy compliance. The conclusion of the results of interviews with observations of research variables in the campus environment is not in line in its implementation. It is recommended to the Faculty of Sport and Health Sciences UNM to increase compliance with KTR policies in the campus environment by increasing communication variables, disposition, resources and bureaucratic structures so that it will reduce the prevalence of smoking rates in the campus

environment.

. Jurnal Kesehatan Bakti Tunas Husada: Jurnal Ilmu-ilmu Keperawatan, Analisis Kesehatan dan Farmasi. j.. KAJIAN PENGGUNAAN MISOPROSTOL DAN OKSITOSIN SEBAGAI PENGINDUKSI PERSALINAN DI RSUD KOTA BANDUNG

tony barr acting for the camera traps drums portable electronic drum kits scarcity why having too little means so much sendhil mullainathan case 580 free manuals boiler manuals app

TONY BARR ACTING FOR THE CAMERA

What is the summary of acting for the camera? Brief summary Acting for the Camera by Tony Barr is a comprehensive guide that offers practical advice and exercises for actors looking to master the art of on-screen performance. It covers everything from understanding the technical aspects of camera work to creating authentic and compelling characters.

What is the main idea of camera? All cameras use the same basic design: light enters an enclosed box through a converging or convex lens and an image is recorded on a light-sensitive medium. A shutter mechanism controls the length of time that light enters the camera.

What does acting for camera mean? "Camera acting is acting without an audience. Think about it: Although there might be 30 crew members standing around when a TV show is being filmed, there's literally no audience present. The camera is there only to record what happens between the two people. You do not have to send your performance anywhere.

Why is the camera called the camera? Movie cameras and video cameras record moving pictures. These are called movies, films, or videos. The word camera comes from the Latin words camera obscura, which mean "dark chamber." This is because the earliest experiments with capturing images took place in a darkened chamber, or room.

What is the story of camera? In 1816, Frenchman Joseph Nicéphore Niépce invented the first photographic camera. The camera did not capture images, instead, it projected them onto another surface. The camera obscura was small enough to be portable by the 17th century. Around this period, basic lenses for focusing light were introduced.

Why is the camera so significant? Without the camera, nothing was really documented, so no one could understand the event in the future (Garner). Before the camera was invented, there was no way to photograph any historical event or historical person.

How do you act for the camera?

What is the differences between acting for the stage and acting for the camera? Unlike stage acting, where actors perform live to their audience, screen acting involves conveying emotions, actions, and dialogue through the lens of a camera. The camera captures subtle facial expressions, gestures, and nuances, making it essential for screen actors to deliver authentic and believable performances.

What is it called when the actor talks to the camera? Now it's the turn of a similar device, sometimes called "breaking the fourth wall" or talking "to-camera", where one or more character turns to look down the lens of the camera to address the audience directly.

TRAPS DRUMS PORTABLE ELECTRONIC DRUM KITS

Traps Drums: Portable Electronic Drum Kits for Every Occasion

1. What are electronic drum kits? Electronic drum kits are digital musical instruments that simulate the sound and feel of acoustic drums. They consist of sensor pads or electronic drumsticks that trigger sounds when played. They typically include a drum module that provides sounds, customization options, and connectivity.

2. What are the advantages of portable electronic drum kits? Portable electronic drum kits offer several advantages over acoustic counterparts, including:

- **Compact Size:** They are lightweight and easy to transport, making them ideal for practice, gigs, or small spaces.
- **Silent Operation:** They produce little to no noise, allowing you to practice or perform without disturbing others.
- **Customizable Sounds:** Drum modules offer a wide variety of drum sounds, allowing you to tailor your kit to your musical style.
- **Recording Capabilities:** Many kits come with built-in audio interfaces for recording and playback.

3. What are the different types of portable electronic drum kits? There are two main types of portable electronic drum kits:

- **Self-contained kits:** These kits include everything you need in one package, including pads, module, and power supply.
- **Add-on kits:** These kits expand existing acoustic or electronic kits with additional pads or trigger devices.

4. What factors should I consider when choosing a portable electronic drum kit? When choosing a portable electronic drum kit, consider the following factors:

- **Number of Pads:** Determine the number and layout of pads you need to replicate your desired acoustic setup.
- **Sound Quality:** Listen to samples of the sounds included with the kit to ensure they meet your musical needs.
- **Customization Options:** Look for kits that offer adjustable pad sensitivity, triggering parameters, and sound editing capabilities.
- **Connectivity:** Consider the connectivity options available, such as MIDI, USB, and audio outputs.

5. How can I use a portable electronic drum kit? Portable electronic drum kits can be used for various purposes:

- **Practice:** Practice your drumming skills quietly and efficiently, even in shared spaces.
- **Performances:** Use the kits for live gigs, street performances, or small venue events.
- **Recording:** Record your drumming directly into your computer or other recording devices.
- **Education:** Learn drumming concepts and techniques with interactive practice exercises and backing tracks.

SCARCITY WHY HAVING TOO LITTLE MEANS SO MUCH SENDHIL MULLAINATHAN

Scarcity: Why Having Too Little Means So Much

In his groundbreaking book, "Scarcity: Why Having Too Little Means So Much," Sendhil Mullainathan explores the profound impact of resource scarcity on individuals and societies. Here are some key questions and answers from Mullainathan's research:

1. What is scarcity and how does it affect individuals? Scarcity refers to a situation where there are not enough resources to meet all needs. When people experience scarcity, they often exhibit cognitive impairments known as "bandwidth tax." This means their attention and decision-making abilities are compromised, leading to mistakes and irrational behavior.

2. How does scarcity impact relationships and social behavior? Scarcity can strain relationships as people become more selfish and less cooperative. It can also lead to increased aggression and conflict, as individuals compete for limited resources. Mullainathan argues that scarcity creates a "tunnel vision" effect, where people focus exclusively on immediate needs and neglect long-term well-being.

3. What are the consequences of scarcity for economic decision-making? When people are in a state of scarcity, they often make poor financial decisions. They may be tempted to take on risky loans, neglect savings, and overspend on immediate expenses. This can perpetuate a cycle of poverty and inequality.

4. How can we address the negative effects of scarcity? Mullainathan suggests several ways to mitigate the negative consequences of scarcity. These include providing financial assistance, offering debt counseling, and reducing the cognitive burden by simplifying tasks and providing reminders.

5. What are the societal implications of scarcity? Chronic scarcity can undermine social cohesion and trust. It can lead to a breakdown in institutions and contribute to political instability. Mullainathan argues that addressing scarcity is essential for creating a more equitable and prosperous society.

In conclusion, Sendhil Mullainathan's research on scarcity highlights its far-reaching effects on individuals, relationships, economy, and society. Understanding the mechanisms of scarcity and implementing effective interventions can help us break the cycle of poverty and promote human well-being.

CASE 580 FREE MANUALS

PACEsetterS. new free text facility. CIS practice manuals. A Free Country. Back Matter. Engaging Transculturality. Modern Arabic rhetorical manuals. Engaging Transculturality. Modern Arabic rhetorical manuals. Psychotherapy: Theory, Research, Practice, Training. Psychotherapy: Theory, Research, Practice, Training. Recommendations for training therapists based on manuals for psychotherapy research.. Science. Science. Yeast Prions: DNA-Free Genetics?.

Prions—infectious protein particles thought to cause “mad cow disease,” human Creutzfeldt-Jakob disease, and other neurological afflictions—now seem to be running rampant in yeast. But there's no reason to stop eating bread or drinking beer, for there's not even a hint that yeast prions pose a health threat. On the contrary, they may help scientists figure out how a protein can perpetuate a trait—or a disease—from one cell to the next without involving DNA or RNA. On page 622 , researchers show that a form-changing protein in yeast appears to create a trait called [PSI⁺] in daughter yeast cells, after they bud off a mother cell, by causing newly synthesized proteins to become relatively insoluble and clump together. It does so without altering the DNA in the cells, which are clones.

. Childhood Studies. Childcare Manuals. Childcare Manuals.

There have always been experts advising parents how to raise their children: community elders, religious leaders, and medical men and women, among others. In most cultures, though, childrearing advice has been passed on by word of mouth, often among neighbors and kin. Even in modern developed societies oral transmission continues, with knowledge and information about childrearing practices passed down the generations and between peers. However, a significant change occurred in the 18th century with the proliferation of printed material. Coupled with demographic changes such as smaller families and increased social and geographical mobility, the availability of childcare literature encouraged parents to turn to this new source of advice. Advice manuals have been written by a range of experts, from physicians and philosophers to educators and psychologists, and their authors have also included parents themselves. Underlying themes present within the manuals selected here are the tension between “scientific” and “natural” approaches to childrearing, and the degree to which parents should try to meet or anticipate their children’s needs and wants. However, when reading advice literature we need to remain cautious about the picture of childrearing such manuals present. While we have evidence that manuals were written, and even that they were read, we know far less about if and how parents actually followed the advice they contained. Just because mothers had “the book” it did not mean they used it. Differences occurred in how parents accessed, received, and applied the advice on the grounds of gender, class, region, and ethnicity. Parents’ accessibility to other sources of advice, whether in the form of kin, professionals, or new technologies such as the Internet, has also varied. This article focuses on childcare manuals and books written or popular in translation in the English-speaking world, although reference is also made to cultures of childrearing in comparative perspective.

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When asked to reflect upon being one of the original test sites for what has become known as the Krueger Manuals, I thought back to all the excitement we shared being a test site for what eventually formed a cornerstone of collection development history. It is interesting to reflect upon the many changes in technology and theories that occurred over the past decade. Many elements in the Krueger Manuals were not

only used in collection development, but were linked to library management by using output measurements and analyzing user satisfaction.

. The Case of the Tenth-Century Sylloge Tacticorum. Byzantine Military Manuals as Literary Works and Practical Handbooks. Reactions Weekly. Hypotension: case report. Reactions Weekly. Sildenafil. Interpersonality in Legal Genres. Interpersonality in Legislative Drafting Guides and Manuals: the Case of the Scottish Government Publication Plain Language and Legislation. Aircraft Design. Case Studies. Reactions Weekly. Various toxicities: case report. Reactions Weekly. Vincristine. Reactions Weekly. Lack of efficacy: case report. Reactions Weekly. Prednisone. Biscuit, Cookie and Cracker Manufacturing Manuals. Biscuit, cookie and cracker manufacturing manuals. Writing and Designing Manuals and Warnings 4e. Manuals in the Global Marketplace. Technical manuals. Technical Notes and Manuals. The Case for Depositor Preference.

This technical note and manual (TNM) addresses the following issues: advantages and disadvantages of different types of depositor preference, international best practice and experience in adopting depositor preference, and introducing depositor preference in jurisdictions with or without deposit insurance.

. Biscuit, Cookie and Cracker Manufacturing Manuals. Biscuit, cookie and cracker manufacturing manuals

BOILER MANUALS APP

Is there an app to control my boiler? The Free MyHeating App Is Simple and Easy to Use Our built-in SmartGeo technology manages your heating system automatically and effortlessly – optimising your energy consumption and giving you one less thing to worry about.

How do you fire a boiler in manual mode?

Do ideal boilers have an app? The Ideal Halo app works seamlessly with the Ideal Halo Wi-Fi control and your Ideal boiler or heat pump to provide you with easy and efficient control of your heating.

What are the applications of boilers? Boilers are integral in numerous industries, such as railways, ships, thermal power plants, hotels, offices, and buildings. They

find applications in various factories, including food and beverage, pharmaceuticals, textiles, paper mills, metal production, and sugar mills.

Can I control my ideal boiler from my phone? Control your wireless boiler thermostat with your phone thanks to the Ideal Halo app. Available to download from the Apple App Store and on Google Play, this intuitive and easy to use app provides all of the functionality found in the Halo unit, plus further connected features for the homeowner.

Can I make my boiler smart? Smart heating controls can be connected to most types of heating systems as follows: Boilers: Just like a standard heating system, the boiler in a smart heating system is controlled by a thermostat. This means that smart heating works with most boilers, whether they run on gas, LPG or oil.

Can I turn my boiler on manually? ...the boiler You can turn your central heating on directly by using the controls on your boiler. It will likely have an on or off switch and a small screen that allows you to access other controls too, including the temperature that the boiler heats your hot water to.

How do you set a manual boiler timer?

Can you manually ignite a boiler? Igniting a manual pilot light Turn the thermostat down to its lowest setting. Remove the boiler cover and locate the pilot light jet. Turn the gas control knob to the pilot setting and press the knob to release gas into the pilot light hole. Light a match and place it into the pilot light hole.

Can you control boiler remotely? Wireless boiler thermostats are a convenient, easy way to control your heating systems remotely.

How do you control a boiler? The thermostat controls the circulator, turning it on and off as dictated by sensed temperatures in the heated space. The boiler temperature control opens to turn the circulator off if boiler water temperature drops below the low limit to maintain a minimum boiler temperature.

How do I control my boiler timer? Mechanical boiler timers usually feature a 24-hour round dial with pins around the outside marking 15 minute intervals. Setting a mechanical timer involves pressing these pins towards the centre of the dial at the

time of day that you want the boiler to turn on.

Can I use my phone as a thermostat? If you've wondered 'can I use my phone as a thermostat? ', the answer is yes! In fact, it's an easy way to save on energy costs, without having to sacrifice comfort. Getting phone thermostat control starts with finding a smart temperature controller to replace your basic thermostat.